

Bako Sweet Caramelized Sweet Onions

The secret to the success for caramelized onions is slower cooking over low heat; rushing the process will result in slightly bitter, burned onions. Add a little balsamic vinegar, for a sweet and sour flavor, after you reduce the heat.



- 4 large yellow *Bako Sweet* Sweet Onions, thinly sliced
- 4 tsp olive oil 1/2 tsp salt Dash of pepper Balsamic vinegar

Over medium heat, in a large skillet, cook sliced *Bako Sweet* Sweet Onions in preheated olive oil for 5 minutes, or until golden in color. Reduce heat to low and cook 5 more minutes, or until very tender and sweet. Add salt, pepper and balsamic vinegar to taste.